

EPICURIA

FOOD SHOP & CATERING

SAVOURY

Entrees – October 22nd through 28th

Braised Beef Short Rib | Rapini | Pappardelle \$17.00

Pecan Chicken | Roasted Baby Potato DF \$16.50

Moroccan Spiced Salmon | Vegetable Sauté | Chermoula GF DF \$17.50

Roasted Chicken with Mushroom Demi | Cheddar Potato Puree GF \$16.50

Entrees – October 29th through November 4th

Thai Seafood Curry | Basmati Rice GF DF \$17.00

Stuffed Chicken | Roasted Squash Apple Leek | Side \$16.50

Mediterranean Meatballs with Cilantro Yogurt | Three Rice Pilaf \$16.50

Lamb Curry | Biryani | Swiss Chard, Squash and Cauliflower GF DF \$16.50

Entrée – November 5th through to November 11th

Remembrance Day

Lemon Cod | Fennel, Tomato and Olive | Basmati GF DF \$17.50

Achiote Chicken | Jalapeno Cilantro Aioli | Basmati GF DF \$16.50

Bourbon Barbecue Beef Brisket | Roasted Potatoes GF DF \$17.00

Gemelli Pasta | Ricotta | Chili Cream V \$15.50

Entrees – November 12th through November 18th

Roasted Leg of Lamb | Creamy Parmesan Polenta | Reduction Sauce GF \$22.00

Garlic Parmesan Baked Haddock | Seasonal Vegetables | Basmati GF \$17.50

Herb Crusted Chicken | Italian Salsa Verde | Side GF | DF \$16.50

Corn Fritters | Roasted Vegetable Salad | Roasted Red Pepper Aioli V \$15.50

SWEET

Squares Brownie, Lemon, Date, Seasonal Selections

Cookies Ginger, Chocolate Chip, Peanut Butter

Mini Bundt Cakes Chocolate Ganache, Carrot Cake

Galette – Seasonal Fruit

Celebration Cakes – By Pre-order on-line

Lunch to Go:

Seasonal Salads, Protein Salads and Soups

Entertaining and Gifts

Grain crisps, Cheese Bites, Baguette Crisps

Chutneys, Candied Nuts, Savory Dips

Always Available

Soups, Quiches, Savory Pies, Frozen Foods, Vinaigrettes,

Savory Dips, Cookies, Squares, Granola,

Muffins, Cheese Scones, Fruit Scones

Artisan Products

Ishina Indian Cuisine, Pasta Tavola,

Nat's Bread, Fraktals Chocolate, Top Shelf Preserves