



## SAVOURY

### Entrees – October 13<sup>th</sup> through 17<sup>th</sup>

Ancho Beef Short rib | Roasted Sweet Potato | Chimichurri \$15 GF DF  
Spicy Lemon Shrimp | Pasta | Feta | Arugula Pesto \$14.50  
Hunter Style Chicken | Creamy Parmesan Polenta GF \$14

### Entrees – October 19<sup>th</sup> through 24<sup>th</sup>

Lemon Thyme Olive Chicken | Smashed Potatoes \$14 GF DF  
Kabayaki Trout | Savoy Cabbage & Mushroom | Grain Pilaf \$14.50 DF  
Four Cheese Ravioli | Squash | Winter Greens \$13  
Mediterranean Bison Meatballs | Barley Risotto | Roasted Vegetables \$14

### Entrees – October 26<sup>th</sup> through 31<sup>st</sup>

Fall Pasta Bolognese | Italian Sausage | Tuscan Cheese \$14  
Spanakopita | Garlic Roasted Potatoes \$12  
Thai Salmon Curry | Basmati Rice \$14.50 GF DF  
Roasted Herb Chicken | Caper Currant Walnut Salsa | Potato Parsnip Puree \$14 GF DF

### Entrees – November 2<sup>nd</sup> through 7<sup>th</sup>

Pork Tenderloin | Ancho Mushroom Cream Sauce | Roasted Vegetables \$14 GF  
Roasted Squash Quesadilla | Sundried Tomato | Chevre \$10  
Lemon Cod | Fennel, Tomato and Olive | Three Rice Pilaf GF DF 14.50  
Caribbean Chicken | Seasonal Fruit Chutney | Couscous Pilaf DF \$14.50

## SWEET

**Squares** Brownie, Lemon, Date, Seasonal Selections  
**Cookies** Ginger, Chocolate Chip, Peanut Butter  
**Mini Bundt Cakes** Chocolate Ganache, Carrot Cake  
**Galette** – Seasonal Fruit  
**Celebration Cakes** – By Pre-order  
**In Store Weekly Dessert Specials**

### Lunch to Go:

Seasonal Salads, Protein Salads and Soups

### Entertaining and Gifts

Grain crisps, Cheese Bites, Baguette Crisps  
Chutneys, Candied Nuts, Savory Dips

### Always Available

Soups, Quiches, Savory Pies, Frozen Foods, Vinaigrettes,  
Savory Dips, Cookies, Squares, Granola,  
Muffins, Cheese Scones, Fruit Scones

### Artisan Products

Ishina Indian Cuisine, Pasta Tavola,  
Nat's Bread, Fraktals Chocolate, Top Shelf Preserves