



SAVOURY

Entrees – September 3rd through 8th

Garlic Herb Chicken | White Wine Parmesan Sauce | Spaghetti \$14
Tangy Beef Short Rib | Olive Oil Smashed Potatoes \$14.50 GF DF
Lemon Trout | Artichoke and Caper Salsa | Side \$14.50 GF DF

Entrees – September 9th through 15th

Sweet Soy Chicken | Shanghai Noodles \$14 DF
Moroccan Salmon | Couscous Vegetable Pilaf | Chermoula \$14.50 DF
Pork Tenderloin | Prosciutto | Roasted Garlic | Ancho Demi Glace | Side \$14 GF DF

Entrees – September 16th through 22nd

Fajita-Style Baked Chicken | Pepper Onion Sauté | Rice Pilaf \$14 GF DF
Pan roasted Salmon | Spiced Squash | Tomato Relish \$14.50 GF DF
Caribbean Turkey Meatballs | Barley Corn Risotto \$12

Entrees – September 23rd through 29th

Feta, Apricot and Bacon stuffed Chicken | Side \$14 GF
Pulled Beef Quesadilla | Avocado Tomatillo Salsa | Side \$14 DF
Miso Salmon | Sesame Bok Choy | Ginger Rice \$14.50 GF DF

Sides, Salads and Locally Supplied Specials \$4.25 - \$15
Choose from our daily selection

SWEET

Squares Brownie, Lemon, Date, Seasonal Selections
Cookies Ginger, Chocolate Chip, Oatmeal
Cranberry White Chocolate
Minis Tarts, Macaroons, Shortbread
Cakes Chocolate Ganache, Carrot Cake
Tarts and Pies Choose from our daily selection

Lunch to Go:

Assorted Sandwiches and Wraps
Seasonal Salads, Protein Salads and Soups
Francesco's Coffee

Entertaining and Gifts

Grain crisps, Cheese Bites, Decorated Shortbread,
Jams and Chutneys, Candied Nuts, Savory Dips

Always Available

Sandwiches, Soups, Quiches, Savory Pies, Frozen Foods, Vinaigrettes,
Savory Dips, Whole Roasted Chickens, Cookies, Squares, Granola,
Muffins, Cheese Scones, Fruit Scones

Artisan Products

Seed to Sausage Charcuterie, Pascale's Ice Cream,
Ishina Indian Cuisine,
Pasta Tavola, Alska Maple Syrup,
Nat's Bread, Bread n' Roses Bread,
Humming Bird Chocolate, Fraktals Chocolate