



## SAVOURY

### Entrees – February 4<sup>th</sup> through 10<sup>th</sup>

Turkey Meatballs | Squash | Leeks | Wild Rice Pilaf \$13 DF GF  
Ginger Scallion Cod | Tamari Mushrooms | Brown Rice \$14.50 GF DF  
Braised Beef Shoulder | Onion Gravy | Side \$14.50 GF

### Entrees – February 11<sup>th</sup> through 17<sup>th</sup>

#### Valentine Menu Pick Up February 14<sup>th</sup>

Pecan crusted Chicken | Seasonal Fruit Chutney | Side \$14  
Arctic Char | Caper | Grape | Winter Greens \$15 GF  
Ancho Espresso Shortrib | Root Vegetable Puree \$15 GF DF  
Wild Mushroom Strudel | Side \$13

### Entrees – February 19<sup>th</sup> through 24<sup>th</sup>

#### \*\*\*Closed February 18<sup>th</sup> for Family Day\*\*\*

Hungarian Beef Shepherd's Pie | \$11 GF  
Chili Lime Salmon | Sweet Potato | Cilantro Pepita Pesto \$14.50 GF DF  
Stuffed Chicken | Spinach | Feta | Side \$14

### Entrees – February 25<sup>th</sup> through March 3<sup>rd</sup>

Chicken Chasseur | Double Smoked Bacon | Mushroom \$14 DF GF  
Mediterranean Bison Meatballs | Cilantro Yogurt | Bulgur Pilaf \$13  
Curried Vegetable Pot Pie | Cranberry | Side \$12

### Sides, Salads and Locally Supplied Specials \$4.25

Choose from our daily selection

## SWEET

**Squares** Brownie, Lemon, Date, Seasonal Selections

**Cookies** Ginger, Chocolate Chip, Oatmeal Cranberry White Chocolate

**Minis** Tarts, Macaroons, Shortbread

**Cakes** Chocolate Ganache, Carrot Cake

**Tarts and Pies** Choose from our daily selection

### Lunch to Go:

Assorted Sandwiches and Wraps  
Seasonal Salads, Protein Salads and Soups

### Entertaining and Gifts

Grain crisps, Cheese Bites, Decorated Shortbread,  
Jams and Chutneys, Candied Nuts, Savory Dips

### Always Available

Sandwiches, Soups, Quiches, Savory Pies, Frozen Foods, Vinaigrettes,  
Savory Dips, Whole Roasted Chickens, Cookies, Squares, Granola,  
Muffins, Cheese Scones, Fruit Scones

### Artisan Products

Seed to Sausage Charcuterie, Pascale's Ice Cream,  
Ishina Indian Cuisine, Tavola Pasta, Alska Maple Syrup,  
Nat's Bread, Bread n' Roses Bread,  
Humming Bird Chocolate, Fraktals Chocolate