



SAVOURY

Entrees – July 30th through August 5th (Closed August 6th)

Chevre Artichoke stuffed Chicken | Roasted Tomato and Basil | Side \$14 GF
Spicy Lemon Shrimp | Pasta | Feta | Arugula Pesto \$15
Lemon Cumin Lamb Meatballs | Avocado Goddess Dressing | Side \$14.50 GF

Entrees – August 7th through 12th

Salmon Croquettes | Red Pepper Aioli | Side \$14.50
Feta, Apricot and Bacon stuffed Chicken | Side \$14 GF
Pulled Beef Quesadilla | Ancho Sauce | Chimichurri | Side \$14

Entrees – August 13th through 19th

Teriyaki Pork Tenderloin | Noodle Stir-fry \$14 DF GF
Pecan Chicken | Peach Ginger Chutney | Side \$14
Bengali Fish Curry | Jasmine Rice \$14 GF DF

Entrees – August 20th through 26th

Whisky Molasses Salmon | Side \$14.50 GF DF
Pasta with Italian Sausage and Ancho Mushroom Sauce \$13
Sweet Chili Chicken | Thai Chimichurri | Side \$14 GF DF

August 27th through September 2nd (Closed Sept 3rd)

Spinach and Feta Stuffed Chicken | Side \$14 GF
Slow Cooked BBQ Beef Brisket | Side \$14 DF GF
Corn Fritters | Smoked Tomato Aioli | Side \$13

Sides, Salads and Locally Supplied Specials \$4.25
Daily Dinner Specials, Savoury Pies, Quiche, Protein Salads

SWEET

Squares: Brownie, Lemon, Date, Seasonal Selections
Cookies: Ginger, Chocolate Chip, Oatmeal
Cranberry White Chocolate
Minis Tarts, Macaroons, Shortbread
Cakes Chocolate Ganache, Carrot Cream Cheese
Tarts and Pies Choose from our daily selection

Lunch: Dine in or To Go

Assorted Sandwiches and Wraps
Seasonal Salads, Protein Salads and Soups

Entertaining and Gifts

Grain crisps, Cheese Bites, Decorated Shortbread,
Jams and Chutneys, Candied Nuts, Savory Dips

Always Available

Sandwiches, Soups, Quiches, Savory Pies, Frozen Foods, Vinaigrettes,
Savory Dips, Whole Roasted Chickens, Carrot Cake, Chocolate Cake, Cookies, Squares, Granola,
Muffins, Cheese Scones, Fruit Scones

Artisan Products

Seed to Sausage Charcuterie, Pascale's Ice Cream,
Ishina Indian Cuisine, Tavola Pasta,
Alaska Maple Syrup, Nats Bread, Bread n' Roses Bread,
Humming Bird Chocolate, Fraktals